



ANNE BONNEY, CSP®

Introduction

Our speaker today is an international keynote speaker, a recognized leader on building resilience in change. She is a two-time author, and host of *Dancing in the Discomfort Zone* podcast. She has moved 28 times to 4 different continents, attended 12 schools and who knows how many hairdos she's had. She knows change!

With over 20 years of success in corporate and nonprofit leadership, she's led diverse teams through more than their fair share of chaos and change—and turned it into growth, connection, and results.

Now, she brings that experience, education, and contagious energy to ignite your courage to tackle transitions. When she's not here with us, she's at home paddleboarding on Tampa Bay and watching The Great British Baking Show. Please help me in welcoming, **Anne Bonney**.

Connect with Anne at:

Website: YourChangeSpeaker.com

E-mail: Anne@AnneBonney.com

LinkedIn: <http://linkedin.com/in/annebonney>

Facebook or Instagram: @SpeakerAnneBonney

Dancing in the Discomfort Zone Podcast: <http://DancingintheDiscomfortZone.com/>

Check out the books: <https://yourchangespeaker.com/bulk-orders/>