



Ignite Your Leadership:

EQ-fueled Leadership People Want to Follow

1 – 3 hour Interactive keynote or breakout presentation

Pairs well with the Conquering Challenging Conversations breakout

Leading in today's workplace isn't easy—different generations, diverse perspectives, and constant change can make it feel like you're managing a whirlwind. The key to success? Becoming the kind of leader people want to follow. Emotional Intelligence (EQ) is the foundation for effective leadership, and the good news is, these skills can be developed at any stage of your career.

In this high-energy and interactive presentation, Change Management Authority and Leadership Expert Anne Bonney ignites your leadership fire with practical strategies to improve your EQ, enhance communication, and strengthen connection with your team. You'll learn how to regulate your reactions in challenging situations, delegate effectively, and inspire motivation and collaboration. Packed with immediately applicable tactics, this session will help you reduce turnover, increase engagement, and create a culture where productivity, positivity, and bottom-line results thrive. Get ready to lead with confidence, clarity, and impact!

KEY TAKEAWAYS:

- Connection skills that immediately impact your culture with greater engagement, collaboration and motivation, resulting in increased productivity
- Reduce “water cooler” talk that negatively influences attitudes within the workplace
- Improve individual performance and reduce unwanted behaviors

Short Description

Leadership today requires more than just management—it's about becoming the kind of leader people want to follow. In this high-energy and interactive presentation, Change Management Authority Anne Bonney equips you with practical skills to enhance your Emotional Intelligence, build stronger connections, and inspire collaboration. You'll leave with actionable tactics to reduce turnover, boost engagement, and create a culture of trust, productivity, and lasting results.