



ANNE BONNEY

Introduction

Our speaker today is an international keynote speaker, an authority on Change Management, two-time author, and host and creator of *Dancing in the Discomfort Zone* podcast. She has moved 28 times to 4 different continents, she went to 12 different schools between Kindergarten and her masters work, and who knows how many hairdos she's had. She knows change! She spent 20 years in highly successful corporate and non-profit leadership positions, leading diverse teams through many changes while maintaining productivity and engagement, then left it all behind to use her experience, education, and expertise to ignite your courage to embrace discomfort. When she's not here boosting your resilience and confidence, she's at home paddleboarding on Tampa Bay and watching The Great British Baking Show. Please help me in welcoming, Anne Bonney.

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Dancing in the Discomfort Zone Podcast: <http://DancingintheDiscomfortZone.com/>

Check out the books: <https://yourchangespeaker.com/bulk-orders/>