



ANNE BONNEY LONG BIO (<200 WORDS)

For use in a program or website

Anne Bonney is a fun, energetic international motivational keynote speaker influence ignitor. She is an **authority on Change Management**, two-time author, host of *Ignite Your Influence Podcast* and an experienced virtual, in-person and hybrid workshop facilitator. After 20 years in highly successful corporate and non-profit leadership positions, Anne, now uses her experience, education, and expertise to ignite YOUR ability to **embrace the discomfort of change**, courageous communication and emotional intelligence.

You'd better turn on the AC because this **"ball of fire"** will light you up with fun and relevant stories, time-tested knowledge and immediately applicable strategies to make a difference for you, your team, and your organization.

This spunky little redhead shares business lessons from her crazy life experiences, which arms her with **relatable and hilariously memorable stories** from growing up overseas, running international marathons, animal training, morale building tours to the military in Iraq, volunteering at an elephant sanctuary and singing opera at a performing arts school and yes- there's more. You won't want to miss Anne's session as Anne is a **mindset shifting motivator** who fires people up to catalyze powerful change in their lives, their teams and their organizations.

Connect with Anne at:

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