



ANNE BONNEY

SHORT BIO (@75 WORDS)

Anne Bonney is a fun, energetic international motivational keynote speaker and trainer. She is also an authority on Change Management, best-selling author of **GET OVER IT!**, podcast host of **Igniting Courage Podcast** (Listen now at <https://igniting-courage.buzzsprout.com/>), and an experienced leadership workshop facilitator. After 20 years in highly successful corporate and non-profit leadership positions, Anne, now uses her experience, education, and expertise to **ignite YOUR courage** and empowerment skills to embrace the challenges that transition brings.

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