



## **Igniting Your Influence: Firing Up Your Emotional Intelligence (EQ)**

**Emotional Intelligence for Leaders or developing High Potential Talent  
Tailored to Your Leadership level, Organization objectives and/or Industry**

*Workshop: 90 min to half day*

### **Executive Level Workshop**

Emotional Intelligence (EQ) is a huge buzzword these days, and it's a good thing, because studies have shown that it is the number one predictor of success on the job. The beauty is it is a skill that can be improved throughout a leader's career.

In this high-energy, interactive workshop, Change Management Authority and Leadership expert Anne Bonney lights up the concepts of EQ in a simple way. She fuels your fire with immediately applicable tactics to ignite your EQ so, as a leader, you can better develop your team and your organization. In this content-rich and engaging presentation, you will be challenged with techniques to regulate your reactions in the midst of difficult situations so your teams will want to give you their all! What follows? Goals achieved and results secured.

#### **KEY TAKEAWAYS:**

- Uplevel your employee engagement for increased productivity and net results in times of transition
- Empower your workforce to be even more competent and capable in today's fast-paced, change-scorched business environment
- Upgrade empathy and patience for improving the quality of constructive, results-oriented conversations

### **Employee Level Workshop (developing high potential talent)**

Emotional Intelligence (EQ) is a huge buzzword these days, and it's a good thing, because studies have shown that it is the number one predictor of success on the job. To develop high potential talent in your workforce, the skill of emotional intelligence can be improved to build up leaders who are role modeling the behaviors of success.

In this high-energy, interactive workshop, Change Management Authority and Leadership expert Anne Bonney lights up the concepts of EQ in a simple way. She fuels your employees' fire with immediately applicable tactics to ignite the EQ of your team to improve interactions

with their co-workers, executives, and your customers. In this content-rich and engaging presentation, your team will be challenged with techniques to regulate their reactions in the midst of difficult situations so they have the skills to do their best! What follows? Goals achieved and results secured.

**KEY TAKEAWAYS:**

- Uplevel your employee engagement for increased productivity and net results in times of transition
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