



GET OVER IT! Ignite Your Shift

**Change Management & Resilient Workforce Topics for Leadership or Front Line Employees
Tailored to Your Organization and/or Industry**

*Keynote: 20-90 minute
Workshop: 90 min to full day*

Leadership Level Workshop

Change is hard. Factor it all in: new ideas, organizational change, industry evolution, technology modernization and even personal changes. With all that, business (and life) can get overwhelming, especially when you're managing people. The problem is, change ain't going away. The only constant in business IS change, especially in today's fast-paced business environment. Having the tools to lead people through change and adapt to the challenges that transitions bring will improve your effectiveness as a leader and as an organization.

In this engaging (and fun!) presentation, Anne Bonney, Change Management authority and author, will spark your courage with the ground-breaking concepts from her red-hot book by the same name, *GET OVER IT!* You'll have to turn up the AC for this high energy, "bring the heat" keynote. Your participants will leave armed with strategies to extinguish the burning inferno that transition has caused on your teams.

KEY TAKEAWAYS:

- Immediately impact your culture to one of acceptance and engagement, increasing productivity
- Alleviate the burden of stress that change has caused on your teams and in organization
- Leaders who know how to turn change into a unifying factor of pride and accomplishment where productivity and motivation will skyrocket

Employee Level Workshop

Change is hard. Factor it all in: new ideas, organizational change, industry evolution, technology modernization and even personal changes. With all that, business (and life) can get overwhelming. The problem is, change ain't going away. The only constant in business IS change, especially in today's fast-paced business environment. Having the tools to overcome

and adapt to the challenges that transitions bring will improve your effectiveness as an employee and as an organization.

In this engaging (and fun!) presentation, Anne Bonney, Change Management authority and author, will spark your courage with the ground-breaking concepts from her red-hot book by the same name, *GET OVER IT!* You'll have to turn up the AC for this high energy, "bring the heat" keynote. Your participants will leave armed with strategies to extinguish the burning inferno that transition has caused in your organization.

KEY TAKEAWAYS:

- Immediately impact your culture to one of acceptance and engagement, increasing productivity
- Alleviate the burden of stress that change has caused in your organization
- Reduce "water cooler" talk that negatively influences attitudes within the workplace